

Patient Name: \_\_\_\_\_

MR: \_\_\_\_\_

Date: \_\_\_\_\_

**Inflammatory Bowel Disease Medical Exam Questionnaire**

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Marital Status \_\_\_\_\_ Race \_\_\_\_\_

Gender M / F Height \_\_\_\_\_ Present Weight \_\_\_\_\_ Usual Weight \_\_\_\_\_

Insurance \_\_\_\_\_ Managed Care \_\_\_\_\_ Self referral \_\_\_\_\_  
Yes No Yes No Yes No

Primary Care Physician

Referring Physician (if different from PCP)

Pharmacy

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone(\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ Fax(\_\_\_\_) \_\_\_\_\_

Phone(\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

**How would you rate your present health?** Excellent \_\_\_\_\_ Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_

**What type of Inflammatory Bowel Disease have you been diagnosed with?**

- a. Crohn's disease \_\_\_\_\_ b. Ulcerative Colitis \_\_\_\_\_ c. Indeterminate Colitis \_\_\_\_\_  
d. Collagenous Colitis \_\_\_\_\_ e. Lymphocytic Colitis \_\_\_\_\_ f. Other \_\_\_\_\_

**How old were you when you were diagnosed?** \_\_\_\_\_

**How old were you when you began having symptoms?** \_\_\_\_\_

**Have you ever had an operation for the Inflammatory Bowel Disease?** Yes \_\_\_\_\_ No \_\_\_\_\_

*If yes, please indicate the type of surgery and the date(s) you had surgery:*

Bowel Resection \_\_\_\_\_ Stricture Repair (stricturoplasty) \_\_\_\_\_

Ostomy \_\_\_\_\_ Complete colectomy with Ileal pouch anal anastomosis \_\_\_\_\_

Abscess Drainage \_\_\_\_\_ Appendectomy \_\_\_\_\_

Perianal surgery (fistula repair, seton placement, sphincterectomy, abscess drainage) \_\_\_\_\_

**Have you had any other operations?** Yes \_\_\_\_\_ No \_\_\_\_\_

*If yes, please list the type of surgery, approximate year, hospital, and physician(s) name(s)*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

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**Please list illness(es) that did not require an operation for which you were hospitalized.** (Give dates, hospital, city and physician in charge.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Have you ever had Pouchitis?** Yes \_\_\_\_\_ No \_\_\_\_\_ Don't Know \_\_\_\_\_ N/A \_\_\_\_\_

**Do you have any fistulas communicating from the GI tract to the skin or some other area of the body?**

Yes \_\_\_\_\_ No \_\_\_\_\_ Don't Know \_\_\_\_\_

**Are you currently taking medications?** Yes \_\_\_\_\_ No \_\_\_\_\_

(Include any OTC\* drugs, especially vitamins or herbal preparations. If yes, please list with dosages.)

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

\*OTC = Over-The-Counter medications – prescription is not required.

**Do you have any allergies to medications?** (if yes, list drug and the reaction it caused)

\_\_\_\_\_

**Have you ever been on steroids?** Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, have you been on:

Oral steroids (prednisone, budesonide, Entocort) \_\_\_\_\_ Date last taken \_\_\_\_\_

IV steroids \_\_\_\_\_ Date last taken \_\_\_\_\_

Steroid enemas or suppositories (Proctofoam, etc.) \_\_\_\_\_ Date last used \_\_\_\_\_

**Have you ever taken any of these medications?** If yes, what dose were you taking and why did you stop taking it (nausea, other symptoms, wasn't working, couldn't afford it, etc.):

Medication	Yes/No	Dose Used	Did it help your IBD? (Yes/No)	Reason for Stopping
Mesalamine				
6-MP				
Imuran				
Methotrexate				
Cyclosporine				
Sirolimus/Tacrolimus				
Remicade				
Humira				
Cimzia				
Tysabri				
Other study/experimental medications				

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**Have you ever been diagnosed with a blood clot in your leg or your lungs?** Yes \_\_\_\_\_ No \_\_\_\_\_  
*If yes, when?* \_\_\_\_\_

**When was your last colonoscopy?** \_\_\_\_\_

**Have you ever had a Bone Densitometry Test (DEXA scan)?** Yes \_\_\_\_\_ No \_\_\_\_\_  
*If yes, when?* \_\_\_\_\_

*What was the result?* Osteoporosis \_\_\_\_\_ Osteopenia \_\_\_\_\_ Normal \_\_\_\_\_ I don't know \_\_\_\_\_

**When was the last time that you had an eye examination?** \_\_\_\_\_

**When was the last time you saw your dentist?** \_\_\_\_\_

**Do you smoke?** Yes \_\_\_\_\_ No \_\_\_\_\_ Cigarettes \_\_\_\_\_ Pipe \_\_\_\_\_ Cigar \_\_\_\_\_  
*If yes, how many packs per day?* \_\_\_\_\_ *For how many years?* \_\_\_\_\_  
*If no, did you ever smoke?* Yes \_\_\_\_\_ No \_\_\_\_\_ *If yes, when did you quit?* \_\_\_\_\_

**Do you drink alcohol?** Yes \_\_\_\_\_ No \_\_\_\_\_ Hard liquor \_\_\_\_\_ Beer \_\_\_\_\_ Wine \_\_\_\_\_  
*If yes, how many drinks do you have in a typical day?* \_\_\_\_\_

**Have you ever:**

	Yes	No	Do not know
Had Rheumatic Fever			
Had Chicken Pox			
Received a blood transfusion			
Used intravenous drugs			
Been tested for Hepatitis A			
Been tested for Hepatitis B			
Been tested for Hepatitis C			
Been tested for HIV			
Been tested for Tuberculosis			

**Have you received any of the following immunizations?**

	Yes	No	Do not know	Date
Hepatitis A				
Hepatitis B				
Tetanus				
Pneumovax				
Annual Flu Vaccine				
Meningococcal Vaccine				
Zoster Vaccine				
Varicella Vaccine				
Human Papillomavirus Vaccine				

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Inflammatory Bowel Disease Medical Exam Questionnaire

**Women Only**

Are you sexually active? Yes \_\_\_\_\_ No \_\_\_\_\_

Form of birth control: \_\_\_\_\_

Have you ever had a Pap smear? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

When was your last Pap smear? Date \_\_\_\_\_

Have you ever had a sexually transmitted disease? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Have you ever had genital warts? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Have you ever had an abnormal pap smear result? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Have you ever had a mammogram? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Abnormal mammogram Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Number of Pregnancies \_\_\_\_\_ Number of miscarriages \_\_\_\_\_

Have you taken oral contraceptives? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

**Men Only**

Are you sexually active? Yes \_\_\_\_\_ No \_\_\_\_\_

Form of birth control: \_\_\_\_\_

Have you ever had a sexually transmitted disease? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

Have you ever had genital warts? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

**FAMILY HISTORY**

	<u>Living?</u>	<u>Age or age at death</u>	<u>Present health or cause of death</u>
Father	Yes No	_____	_____
Mother	Yes No	_____	_____
Spouse	Yes No	_____	_____

Are you married or have a significant other? Yes \_\_\_\_\_ No \_\_\_\_\_

Brothers	# living _____	Health Problems? _____
	# dead _____	Health Problems? _____
Sisters	# living _____	Health Problems? _____
	# dead _____	Health Problems? _____

Children living \_\_\_\_\_ Age(s) \_\_\_\_\_ Health Problems? \_\_\_\_\_  
Children dead \_\_\_\_\_ Age(s) \_\_\_\_\_ Health Problems? \_\_\_\_\_

Please circle illness(es) which have occurred in any of your blood relatives:

Diabetes      Cancer      Easy Bleeding      Kidney disease      Tuberculosis  
Heart trouble      Stroke      High blood pressure      Nervous illness      Allergies

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**REVIEW OF SYSTEMS**

*Mark the appropriate response if any of the following has been a problem recently:*

	Yes	No		Yes	No
Weight loss			Anxiety attacks		
Weight gain			Nervous breakdown		
Fatigue			Depression		
Rashes			Nausea		
Itching			Vomiting		
Change in skin color			Diarrhea		
History of anemia			Constipation		
Easy bruising or bleeding			Abdominal pain		
Change in vision			Change in bowels		
Do you wear glasses			Excessive gas		
History of glaucoma			Rectal bleeding		
Ear problems			Gallbladder disease		
Nose bleeds			Hemorrhoids		
Sinus problems			Ulcer disease		
Dentures			Hepatitis		
Frequent colds			Polyps in colon		
Shortness of breath			Colitis		
Wheezing			Excessive urination		
Chronic cough			Burning on urination		
Bloody phlegm			Difficulty urinating		
Pneumonia			Urinary hesitancy		
Bronchitis			Urinary dribbling		
Tuberculosis			Urinary frequency		
Asthma			Urinary infections		
Recent chest x-ray			Kidney stones		
Swelling of legs			Venereal disease		
Abnormal heart beats			Air passage on urination		
Chest pain			Joint pains		
Heart murmur			Arthritis		
Heart Attack			Joint swelling		
Abnormal EKG			Muscle pain		
Neurologic disease			Leg cramps		
Seizures			Thyroid disease		
Frequent headaches			Diabetes mellitus		
History of stroke			High cholesterol		